

# Sonat Baġcan

Born to a musician family, Sonat Baġcan served in choirs such as Ankara Music Association Children's Choir, TRT Ankara Polyphonic Youth Choir, Anadolu Selen Chamber Choir. The artist, who took part in operettas and operas put on stage by the Ankara State Opera and Ballet, worked as a soloist in various orchestras during her university years and after that period.

Sonat Baġcan, who participated in various competitions such as Turkey's Eurovision Song Contest Qualifiers, Kuşadası Festival, Beyaz Güvercin and Altın Anten, released her first album "Yarın Çok Güzel Olmalıyım Anne" in 1995.

The artist, who later took a break from her professional music life, continued to deepen in yoga, yoga philosophy, conscious hypnosis techniques and many other teachings in the esoteric field while continuing her main profession, that is dentistry. She not only presented the "Body and Breath Awareness" lectures and seminars, which she organized by combining the information she collated with music, to private groups but also shared them especially with healthcare professionals and various institutions.

In 2015, she released her lullaby album "Sevgiyle Yürü Yolunu", which she wrote and composed, containing lyrics that would develop self-esteem and self-love. The WAY she started to walk with her lullaby album took her to the album titled 'Nefesim Senle', in which she emphasized existence, life and LOVE for UNITY, in 2017. In 2019, she performed the very popular "Four Baġcan Women" concert series with her aunt Selda Baġcan and her sisters Serenad & Seda Baġcan.

In 2020, she released "Kavl", the first EP of her album, in which she vocalized folk songs composed by Anatolian Lands' Saints, which are in our ears but whose meaning we missed over time.